



Hi folks,

Hope you're keeping well.

I'm up on Lismore for a few days, getting some work done and enjoying the quiet.

Read on to find out more about next year's Lismore fiddle retreats. Plus, if you're "Practice Resistant", I have an idea...

Mairi x

Lismore Fiddle Retreats: bookings now open for 2025

Mairi Campbell

Fiddle retreats | Isle of Lismore | 2025



Feeling a bit rusty? Wanting to play the tunes you already know better? Find it hard to memorise music?

Traditional fiddle music is a taproot at the heart of Scottish culture. Join me as we set out on a five day journey in Argyll, Scotland to discover the devils and delights of playing fiddle music!

My teaching is a blend of technical, musical and psychological support for fiddlers and violinists of all abilities. You'll come away with an armful of ideas to take your playing to the next level

Maximum 9 participants

Level: mixed ability. Be able to play at least three fiddle tunes fluently. Not appropriate for absolute beginners.

- ▶ **Develop your technique**
- ▶ **Build your confidence**
- ▶ **Expand your repertoire**

Dates: April 7 - 11
April 28 - May 2
June 2 - 6

Where: Isle of Lismore, Argyll, Scotland

Cost: £480 - includes tuition, lunches and dinners.

Home cooking by Ada Grace Francis

Accommodation not included

For bookings and accommodation support email : mairi@mairicampbell.scot

Booking is now open for the 2025 Lismore fiddle retreats.

Next year will be a bit different as I'll be curating our programme of repertoire rather than participants bringing their own tunes. All participants will receive the music and recordings two months before

daughter, who caters for all dietary requirements.

Please email me at mairi@mairicampbell.scot for bookings or are interested and want to know more. You can also find general info about [Lismore retreats on my website](#).

Music Practice for the Resistant



An online community to inspire and maintain your music.

I've noticed that music lessons are great while we're in them. But once we're on our own, at home, and with maybe a few weeks or months before the next lesson, it can be hard to get that instrument out of the case. Any number of excuses can get in the way of you making music, especially in the privacy of your own home. The gremlins of distraction

From my 30 years of teaching adult learners, I've come to know that many find it difficult to maintain a regular playing practice – and the instrument sits in the corner gathering dust. So let's do it together. Give yourself the gift of time and space to connect with your music.

Welcome to Music Practice for the Resistant - a playful approach

I'd like to build a community where we come together and put in some time to play in the privacy of our own rooms, together. You can bring any instrument, style and level. I'll offer practice ideas, prompts, some focus or inspiration. This practice hub is a place where we commit 45 minutes to playing alone yet alongside others. There's a short check-in at the start and end of each session.

This dedicated place and time via Zoom could be enough to get us over the hump. I say us because I need it too! I don't practice. Well, occasionally, but I have deep resistance from years of teachers telling me I had to practice more. So I'll be playing too, figuring out my own sh**.

Last year, the 100 day drawing challenge changed something and I realised the power of repetition and showing up daily for my art. It's a game changer. The practice hub idea is also inspired by the [London Writers Salon](#).

So join me for the month of November!

Days: Monday through to Thursday from 4th to 28th November. Commit to every day (16 sessions), or drop in on days that suit.

Time: 2pm to 2.45pm

Place: Zoom

Cost: free

Join me! Email mairi@mairicampbell.scot for the Zoom link.

album



A shoutout to Kate Young and her new album [Umbelliferræ](#) (Bandcamp link), a gorgeous blend of folk, world music, and contemporary classical influences. Tracks on the album are inspired by herbs, flowers, and their ancient uses, combining both folklore and natural science.

I was a small part in Kate's development – as her fiddle teacher for a while – and it's lovely to see her blossom and hear her unique voice and music.

<https://kateyoungmusic.com/>

kateyoungmusic.com

Dates

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Music Practice for the Resistant, Monday through to Thursday, 4th to 28th November at 2pm, on Zoom – email mairi@mairicampbell.scot for Zoom link

2025

Fiddle retreats, 7-11 April, 28 April-2 May, and 2-6 June, Isle of Lismore – email mairi@mairicampbell.scot to book or for more info

As always, all the best. See you soon.

Mairi x

mairicampbell.scot/whats-on

[Mairi's website](#)[Email Mairi](#)[Facebook](#)[Instagram](#)[Twitter](#)[SoundCloud](#)

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